

Saturday, Sept. 27, 2014 - 9 a.m.

1-mile run on Midland Boulevard in Overland
Starting at: Norman Myers Park
Ending at: The corner of Verona and Midland

Shirts:

T-shirts will be distributed to all children and the first 150 adult entrants. Shirt sizes are not guaranteed but every effort will be made to provide a proper shirt size to participants.

Entry Fees:

- \$5 (elementary students)
- \$10 (middle and high school students)
- \$20 (adults) with prior registration; \$25 on race day
- No refunds. Race will be held rain or shine.

Registration

- In Person: On Race Day near starting line
- By Mail: Ritenour Pride & Promise Foundation
2420 Woodson Road
St. Louis, MO 63114

Race Day Schedule

9 a.m. – Fun Run (non-competitive)
 9:30 a.m. – Men’s & Women’s Competitive
 9:45 a.m. – Ritenour Students, Teachers & Staff
 10:30 a.m. – Kids Fun Run around the track
 10:45 a.m. – Awards Ceremony at Norman Myers Park
***Parking available at start & finish**

Checks payable to: Ritenour Pride & Promise Foundation



For more information, call (314) 493-6017 or email aitkenm@ritenour.k12.mo.us.

Last Name First

Address

City State Zip

Male Female Adult Elementary Student Middle School Student H.S. Student

Email

Shirt Size: Child Sm. Child Med. Child lge. A-Sm. A-Med. A-lge. XL

Waiver of Liability: In consideration of accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all claims for damages, actions and causes against Missouri Running Company, Missouri Running Race Management, all sponsors, and any individual or group associated with this event from all claims and liabilities resulting in my participation. I attest and verify that I am physically fit and have sufficiently trained for this event. I assume all risks in this event including, but not limited to falls, contact with other participants, effects of the weather, road conditions, all such risks being known and appreciated by me. Further, I hereby grant permission for the free use of my name and/or any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose. (Participants under 18 must have parental signature.)

X

Signature of Athlete or Parent / Guardian if Athlete is under 18 yrs old

Date